

[Your Name]
[Your Address]
[Your City, State, Zip Code]
[Your Phone Number]
[Your Email Address]

[Date]

[Name of Debt Collection Agency]
[Address of Debt Collection Agency]
[City, State, Zip Code]

Re: Account Number [Your Account Number]

To Whom It May Concern,

I am writing to formally notify you regarding the above-referenced account. Pursuant to the Fair Debt Collection Practices Act (FDCPA), 15 U.S.C. § 1692c, I am hereby prohibiting you from communicating with any third parties regarding this alleged debt.

This prohibition includes, but is not limited to, my employer, relatives, neighbors, friends, or any other individuals. You are not authorized to contact anyone other than myself or my legal counsel concerning this matter.

Please be advised that any further communication with third parties will be considered a violation of federal law and will be documented for potential legal action or formal complaints to the Consumer Financial Protection Bureau (CFPB).

Furthermore, I request that you provide written confirmation that you have received this notice and have updated your records to reflect these communication restrictions.

Sincerely,

[Your Signature]

[Your Printed Name]